

# Aphasia and Communication: Ideas for Therapy and Everyday Use



# Using Communication Tools to Participate in Everyday Activities

As adults, we all want to independently manage our day-to-day duties and responsibilities. The *Aphasia Pages* in the Tobii Dynavox Snap software provide tools that enable adults with significant communication challenges to participate in daily activities.

**Helpful Hint:** Did you know that AAC use can encourage natural speech? Click <a href="here">here</a> for more information.

The *Aphasia Pages* provide several tools that support communication in all environments. From small talk with a neighbor to managing household chores, individuals with aphasia and their families can use these communication tools and work together to ensure successful interactions.



Access communication tools from the Toolbar.

Use the tools described in the following sections to explore and use the *Aphasia Pages*.

#### **Word Lists**

Word Lists pages consist of single words that are organized by category.

#### Use Wordlists to:

- Explore categories (starting with the most important ones) and practice saying words.
- Make choices during mealtime, dressing, etc.
- Find words that are difficult to retrieve and say.
- F Helpful Hint: To customize Wordlists, add favorite foods, drinks, people, places, or other vocabulary in the appropriate category. You can even create your own Wordlist page!
- **Helpful Hint:** Categorization may be difficult for some individuals with aphasia. It is okay for the communication partner to navigate to the appropriate page to support success.



### QuickFires

*QuickFires* are short phrases and words that can be used in any topic of conversation. Use *Quickfires* to:

- Greet others and participate in small talk.
- Communicate about personal needs, discuss experiences with aphasia, and feelings.
- **Helpful Hint:** Use the tabs in the top row to move between the different *Quickfires* pages.



#### Whiteboard

The Whiteboard is like a blank piece of paper where you can draw or write with your finger or stylus. Use the Whiteboard to:

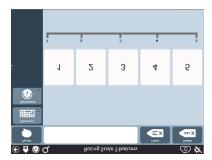
- Draw pictures or write letters/words to support an interaction.
- Upload an image or photograph to discuss.



## **Rating Scales**

Use *Rating Scales* pages to quickly share your opinion or status. These can be found on the Dashboard or you can add a *Rating Scale* button to the Toolbar. Use *Rating Scales* to:

- Talk about current events.
- Talk about the weather.
- Rate health and well-being.
- **Helpful Hint:** Use the *Rating Scales* to complete the Topic Interest Inventory.



# **Topics**

*Topics* pages provide full messages that make communicating in a specific situation easy and efficient. Use *Topics* to:

- Interact with family members and caregivers during activities at home (e.g., mealtime, TV, etc.).
- Communicate with medical and care staff.
- Participate in areas of interest (e.g., sports, gardening, etc.).
- **Helpful Hint:** Use *Scripts* (found in each topic) to practice simple dialogs/conversations.



## **Photo Albums**

Photo Albums (located on the Dashboard) allow you to add personal photographs and captions. Use Photo Albums to:

- Tell stories.
- Share information about current events.
- Create a memory book.

\* Helpful Hint: For more practice and therapy ideas, please see the Aphasia Training Cards and Trial/Therapy Guide.

